

5th Laparoscopic and Hysteroscopic Training program -21st Dec - 26th Dec 2015

Isha Hospital FOGSI recognized Laparoscopic Training Program:

17th Laparoscopic and Hysteroscopic training program by Dr Divyesh Shukla and 5th Training program of Isha hospital was organized from 21st December 2015. Total 6 delegates from different part of India attended training program.

Training program included

- Didactic lecture series.
- live surgery demonstration and supervised hands on training
- Training on pelvi trainer
- Wet lab (on Pig) training at J & J institute Mumbai.



On first day of program **pretest** was done to evaluate delegates for basic knowledge and understanding of laparoscopic and hysteroscopic procedures.

Delegates had to undergo training on pelvi trainer for developing hands eye co-ordination & fine tuning of various important movement essential for the laparoscopic surgery. They were encouraged to attend pelvi trainer training everyday at least for 2 hours under supervision of faculties.

Total 19 surgeries were demonstrated at ISHA Hospital during training program . All delegates were encouraged to assist during surgery for hands on training on various important steps of laparoscopic surgery. They were also demonstrated important steps of almost all types of gynec and infertility surgeries. Total **6 Total Laparoscopic Hysterectomies were demonstrated** . Each delegates had chance to assist in one total laparoscopic hysterectomy. Various types of **fertility enhancing 11 surgeries** were performed. **Adenomyoma resection, endometrioma removal, myomectomy, cervicosacropexy, PCO drilling, dermoid removal, salpingoneostomy** were assisted by the delegates. Other important surgeries like laparoscopy for **ectopic pregnancy** and laparoscopic tube ligation were done during training program.

Hysteroscopic procedure like **polypectomy, myoma resection, septal resection, metroplasty and tubal cannulation** were also performed in training program. Other reputed faculties were also invited to perform and demonstrate laparoscopic surgeries. Dr Padmaja Pepala an alumni of ISHA training program and now successful laparoscopic surgeon and Dr Parul Kotadawal an eminent faculty in minimally invasive gynec surgery demonstrated various surgeries. Delegates were also demonstrated disinfection and reprocessing of the laparoscopic equipments.



Total 10 didactic lectures pertaining to laparoscopic and hysteroscopic surgery were taken by the various faculties. Understanding and care of various equipments by Dr Shilpi Shukla, Entry Techniques by Dr Padmja Pepalla, Anaesthesia for Laparoscopy and Hysteroscopy by Dr Amit Shah. Energy sources, Laparoscopic Techniques, Suturing in Laparoscopic surgery, Common Hysteroscopic complications, Hysteroscopic Techniques, Hysteroscopy in IVF, Common Laparoscopic complications recognition, prevention and Management by Dr Divyesh Shukla.

On Last day of training program delegates went to J&J Institute , Mumbai for Wet Lab training. They all had chance of perform Total Laparoscopic Hysterectomy on pig independently.

Post test was conducted on last day of the training program to evaluate their learning during training program.

This was 5th successful training program at ISHA hospital. Dr Divyesh Shukla an eminent national and international faculty has organized total 17 FOGSI recognized training program and has trained 200+ gynecologist in skills of laparoscopy and hysteroscopic surgeries.

