

## Vaginal birth after previous caesarean section (VBAC)

1. If you have previous caesarean section you have 2 options for delivery in next pregnancy. Vaginal birth or elective caesarean section when the baby matures or there is indication to deliver.
2. Patient has to understand the risk of uterine scar rupture during previous caesarean section patient deciding for vaginal birth.
3. Doctors will advise you regarding your possibility of choosing vaginal birth after previous caesarean birth. Many factors during the past & present pregnancy in you will determine your possibility for vaginal birth.
4. The risk of scar rupture is expressed as .07 % to 4 % during the trial of labour you would undergo.
5. Many factors decide the strength of uterine scar. We are generally not sure about the integrity of previous scar. We carry out the measurement of thickness of lower segment at term in case of previous caesarean.
6. Rupture of previous caesarean scar during trial of labour can risk life of the baby & the mother.
7. Drugs routinely used for making uterine contractions strong in labour to facilitate your labour also increase risk of scar rupture (5 times more).
8. Previous caesarean with associated conditions as mal presentation, placenta previa, short inter delivery interval, size of the baby etc. are some indication of repeat caesarean.
9. Rates of vaginal delivery following previous caesarean reported worldwide are declining.
10. Isha Hospital is equipped to deal with the emergency arises out of such trial of labour.

