



Mammography - When to go for Screening?

1. Screening mammography should start at age 45 years (strong recommendation)
2. Screening should be annual in women aged 45 to 54 years (qualified recommendation)
3. Screening should shift to biennial intervals at age 55, unless the patient prefers to continue screening annually (qualified recommendation)
4. Women who desire to initiate annual screening between the ages of 40 and 44 years should be accommodated (qualified recommendation)
5. Screening mammography should continue as long as the woman is in good health and has a life expectancy of at least 10 years (qualified recommendation)
6. Clinical breast examination (CBE) is not recommended at any age (qualified recommendation)



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